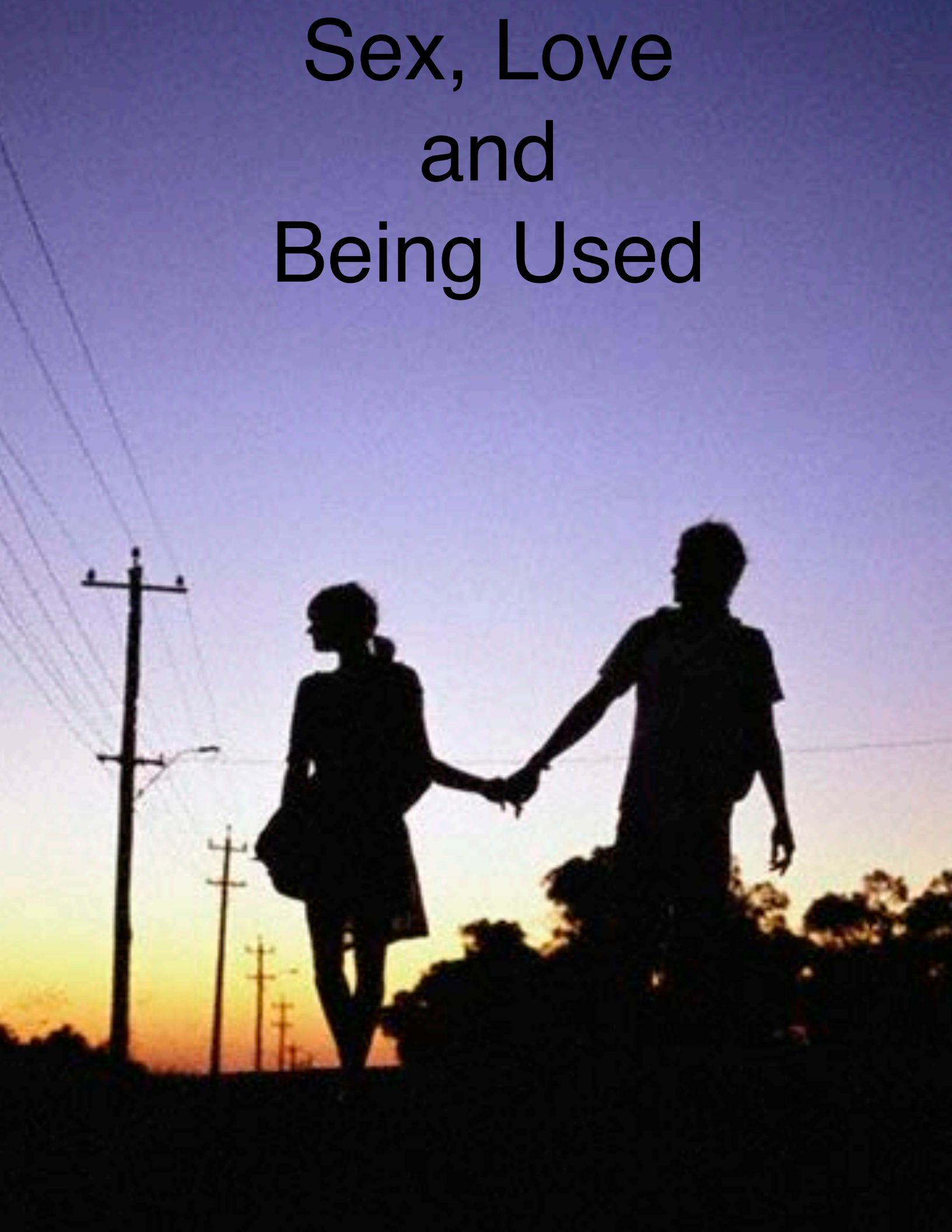


Sex, Love and Being Used



Introduction

You can read what you want to read,
see what you want to see,
hear what you want to hear,
or
believe what you want to believe.

But the fact is, the true meaning of sex
has always been,
still is,
and
will always be the same.

That is...

Sex is the highest form of expression of love a man and woman can show for each other.

There's touching.

Their is holding hands.

Their is kissing.

But sex expresses,
in the highest form possible,
just how much a man and woman love each other.

This **Committed Sex** involves not just the body, but the body **and** the soul (the inner you that deeply loves this person). It is the giving of the **WHOLE person** as opposed to just the flesh (which is called **lust**).

Out of this **Committed Love**, a child is born.
Born out of this **deep expression of love** for one another.

It should be the kind of expression of love
you would want to save for someone
you are **totally committed** to—

committed to like in

marriage.

That's right: *marriage*.

Yeah, yeah, yeah, I know what you're probably thinking.

SEX
LOVE
and
BEING USED



*“Marriage?!
What are you nuts?
This is the 21st century.*

You don't need to be married to have sex nowadays.”

And you'd be right...

...That is
if you're the kind of person who doesn't mind
BEING USED by other people.

That's right. **BEING USED.**

I'm sure you've heard about how teenagers get
used by their boy or girl friend when it comes to sex,

but did you ever understand why?

It's simple...

When you get married,
basically what you are saying is this:

*“Out of all the people in the world, you are the
one person I want to spend the rest of my life with.
I love you that much and I want to express to you,
in the highest form possible,
this love (**body AND soul**) I have for you .”*

Sex is the ultimate expression of that love.

Now let me ask you this:

When your girl or boyfriend tells you that they want
to have sex with you because they

“love you,”

do you really believe that this is the kind of love
they’re talking about?

If you do, you’re living in FANTASY LAND
and sound very much like the eight girls
I interviewed on this very subject.

Each one of these eight teenage girls
I talked to had a baby,
and each one,

without exception, said the following:

“I thought my boyfriend loved me for me.

At least he said he did.

Later though, I found out that this wasn't true.”

Maybe the reason the girls felt this way was because
seven of the **eight** girls
never saw their boyfriend again.

Then I asked the following question:

*“If your boyfriend loved you as much as
he said he did, don’t you think he would
have **respected** your decision
not to have sex?”*

*I mean, wouldn’t this kind of **respect** for you as
a person be more of an indication of
his love than just jumping into bed with you?”*

There was an eerie silence for a moment.

Then one of the girls spoke up...

*“I don’t know how he would have reacted
if I said ‘no.’”*

*I would hope he would have respected my decision,
but to tell the truth, I don’t know.”*

Could this girl have been afraid to find out?

What was she afraid of?

What about you?

If your date loved you as much as he or she said, don't you think your date would respect your decision not to have sex?

Not sure?

Maybe you need to take the

Ultimate Dating Test
and see for yourself.

This is one test in which YOU will take,
but YOUR DATE will be graded on.

Here how it works:

Go on your date as usual.

Hang out, have a good time, etc..

However, if the issue of sex comes up, tell your date that you're not ready for that and that you feel you should wait.

After doing this 3 or 4 times,

Test over!

Now for the grade.

How does your date react?

Does he or she **respect** your decision to wait?
If he or she does and **continues to do so** throughout your relationship, congratulations, your date **passes**.

Or,

does your date keep pushing the issue and maybe keep bringing it up again and again later on?

Does your date in any way equate your **value as a person** to your **decision NOT to have sex**?

For example:

“If you love me you will have sex with me?”

Translation?...

“you only have value to me if we have sex.”

I don't know you,
but I can assure you that your value as a person goes a lot deeper than what you do in bed.

If your date respects your decision to wait in the long run, then you know he or she sees more in you than what you do in bed.

If not, maybe it's time to find some who will.

~

Stand firm and stick to your values on this issue no matter how long it takes.

More and more teens are.

No matter how you look at this test,
whether you think it's

dumb,

old fashioned,

or wouldn't think of taking it
because you're afraid of what you might find out,

the bottom line never changes when
it comes to dating.

That is,

RESPECT,

both respect from you date
and most of all

RESPECT for YOURSELF

are

INSEPARABLE.

I'm sure that the eight girls I interviewed wished
they had taken this little test before they jumped into
bed with someone who said,

"I love you."

Speaking of those 8 girls I interviewed,
they said something else you might find interesting.

Each one,
without exception,
said basically the following:

*“I thought the baby
I was going to have
would give me the love and attention
I never got at home.”*

This brings up a question:

Could many of the sexually active teenagers today
be searching for the love and attention they
never received at home?

Taking this question one step further,

if a person believes in their heart that no one
could ever love them enough to ever be **committed**
to them,

will they really care if they're being used?

What do **you** think?

Bottom line to this is simple:

Looking for love with the **wrong people**
won't fill the desire a person has
to be loved.

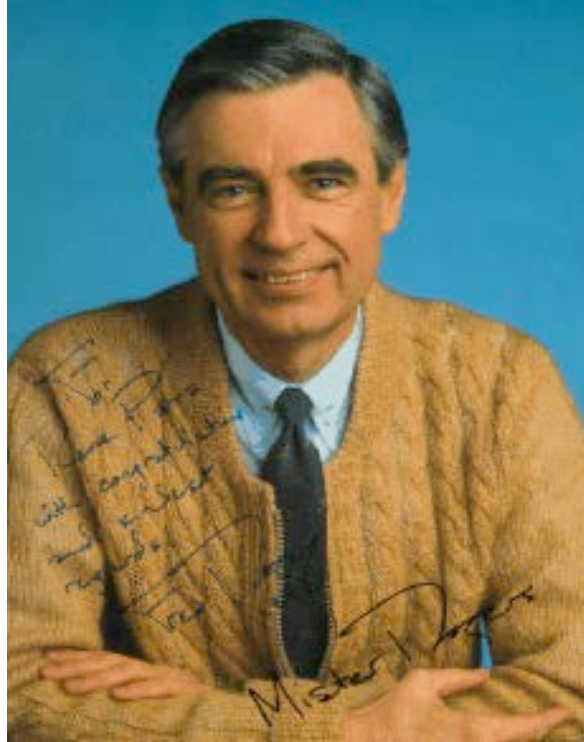
Finding someone who is absolutely
committed to you will.

And you **WILL** find that person one day
if you **EXPECT** the **RESPECT** you deserve.

To put this another way:

Love can wait to give.

But lust can't wait to get.



Mr. Rogers

Mr. Rogers Neighborhood is the greatest kids show that ever was. That's right, I said Mr. Rogers. Why? Because the man was way ahead of his time. He taught kids that their value is not based on anything else but on who they are as individuals. This was the mans message throughout his whole career. It's a message that not only applied to little kids but to everyone who shapes their image based on what OTHER PEOPLE think of them rather than on what they think of themselves. Out of all the e mails I get from troubled teens, I would say a good 90% of the problems could be solved by understanding the message this man tries to get across to little kids. That message can be summarized in one of the songs he made up for his show:

It goes like this:

*“It’s you I like,
it’s not the things you wear.
It’s not the way you do your hair, but it’s you I like.
The way you are right now,
the way down deep inside of you.
It’s you I like.
And I hope you’ll always remember,
even when you’re feeling blue,
it’s you,
it’s you,
it’s you I like.”*

Kids stuff, right? Well, I don’t think so. How many teenagers can actually say this to themselves and really mean it? Can you? Hope so.

Now, let’s do a little link thing here. Let’s link Mr. Rogers to this next item:

Unfortunately the number of **teenagers having babies** in this country is on the rise again. What does Mr. Rogers have to do with this? In this book I talked about how teenagers get **USED** when it comes to sex. When somebody says they “love you and want to have sex with you,” it’s not because they are committed to you as a person unless of course you’re married.

Mr. Rogers helps me make this point very clear. How? Well, how many people who sexually **USE OTHERS** can say the words in Mr. Rogers song to the person they’re using and really mean it?

*“It’s you I like,
It’s not the way you do your hair,
it’s not the things you wear,
but it’s you I like.
The way you are right now,
the way down deep inside of you.
It’s you, it’s you, it’s YOU I really like.”*

If your partner could say these words to you and **really mean it, he or she would NOT see a need to use you sexually** and put you in a position of hurting yourself or others. If more teenagers realized this, teenager pregnancy would be a **WHOLE** lot lower.

How about you?

Do you believe the person you are dating right now can say those words to you and really mean it?

Don’t know?

Don’t forget there’s always a way to find out...

The Ultimate Dating Test.

Mr. Rogers may be just a kid’s show, but his message is **all** grown up.

FINAL THOUGHT

I received the following email from a girl through my website choicesforteens.com.

I asked her if I could use it in hopes others will benefit from it. I can't think of a better way to summarize this section.

~

I lost my virginity at 14 years old. I met this guy my freshman year; we really were not good friends before we started dating. It all happened so fast. A month into our relationship I thought he loved me, and I loved him and we'd be together forever. We spent all of our time together. During this time I was struggling through depression and lots of other problems in my home life.

Then I decided to have sex with him. I thought it was out of love; that this would really bring us closer and we'd have a better relationship. I thought "hey since he's having sex with me and telling me he loves me, then he must love me." We were together for six months all together. A few times I thought I was pregnant.

My mom had always told me never to have sex at such a young age because nobody is emotionally ready. Well, I never believed her. Then all he and I ever did was just have sex, all the time. I thought this meant good. Then he ended it. He began smoking pot, and we would fight. He ended it, and I really couldn't believe it. I really, really thought he cared about me.

From then on I have NEVER been the same. I got really depressed. I felt used and abused. I felt so many emotions and anger. I wanted to kill him for lying to me. I am still living with the decisions I made, which were the wrong ones.

I just sat there and cried and cried. I can't believe I let someone take my whole body and just destroy it all. If only I had listened to my mom when she said sex at a young age is so emotional for someone to handle at this age. Man was she right. It all haunts me still after months have passed.

In the end we never talk anymore, and actually he's in jail. Nobody at such a young age is ready for what sex will bring you.

Please just listen to my story and really think about it. It's so powerful and emotional and you really don't know this until it all ends the way you never thought it would. But I have living proof that it WILL happen.

*Thanks,
Brenda C.*